

AI in Independent Practice –  
Keeping yourself, your clients  
and your business safe

# Cathy Harris

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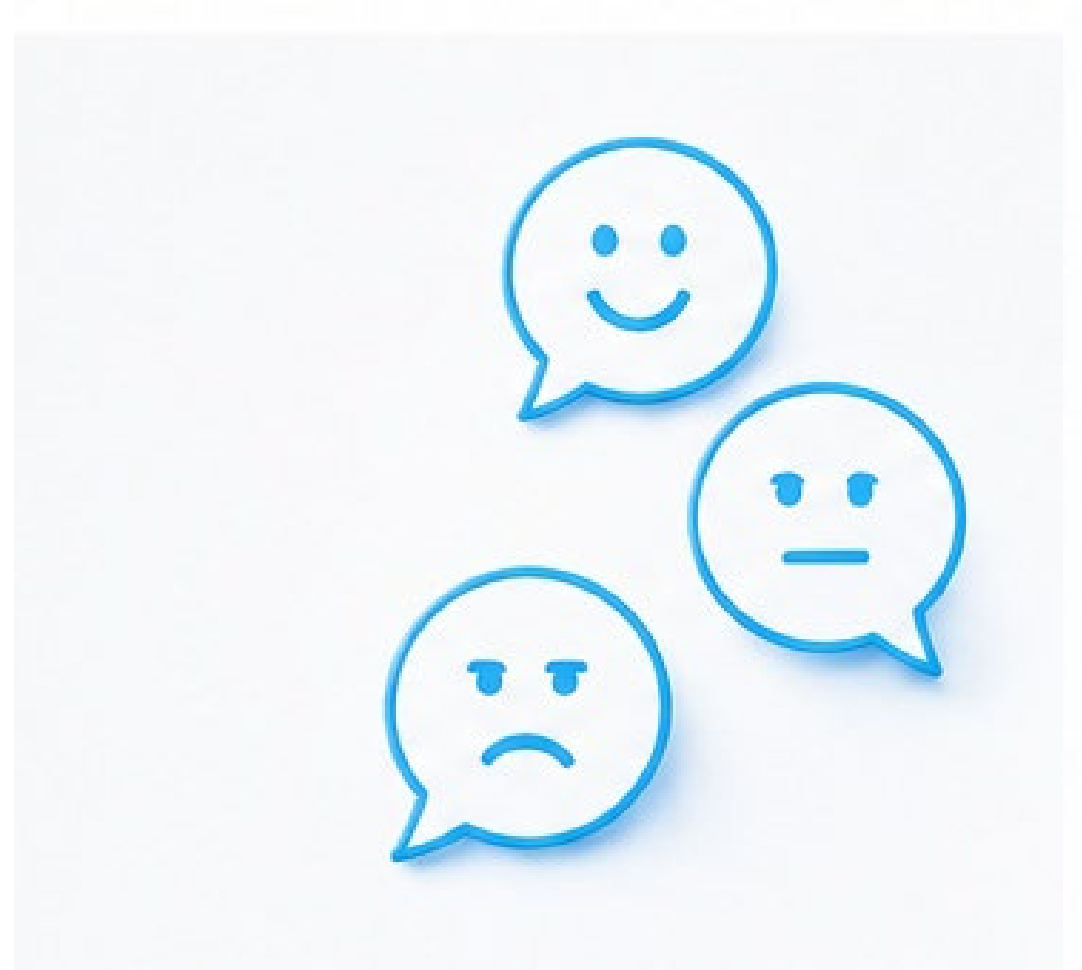


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How do you  
feel about AI?



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# AI feels

- Scary
- Exciting
- Useful
- Overwhelming
- Inevitable



You do not need to  
use AI  
to be affected by it



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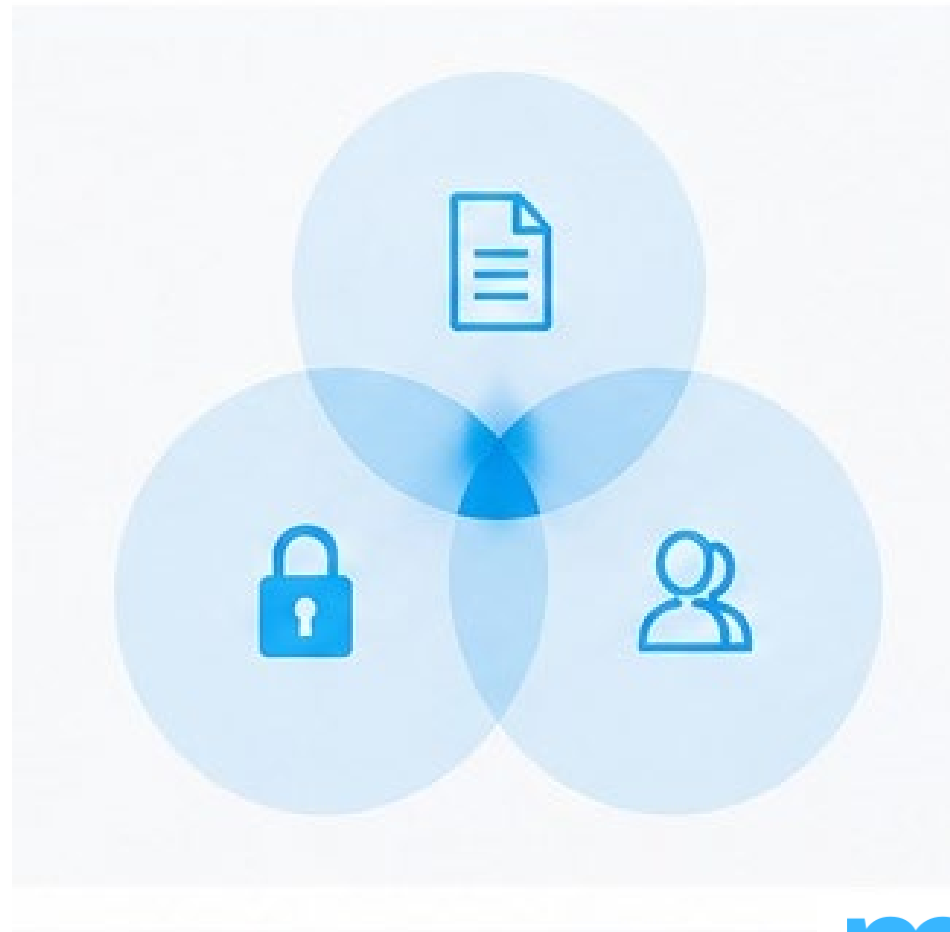
Decide your red  
lines ... and  
communicate  
them clearly



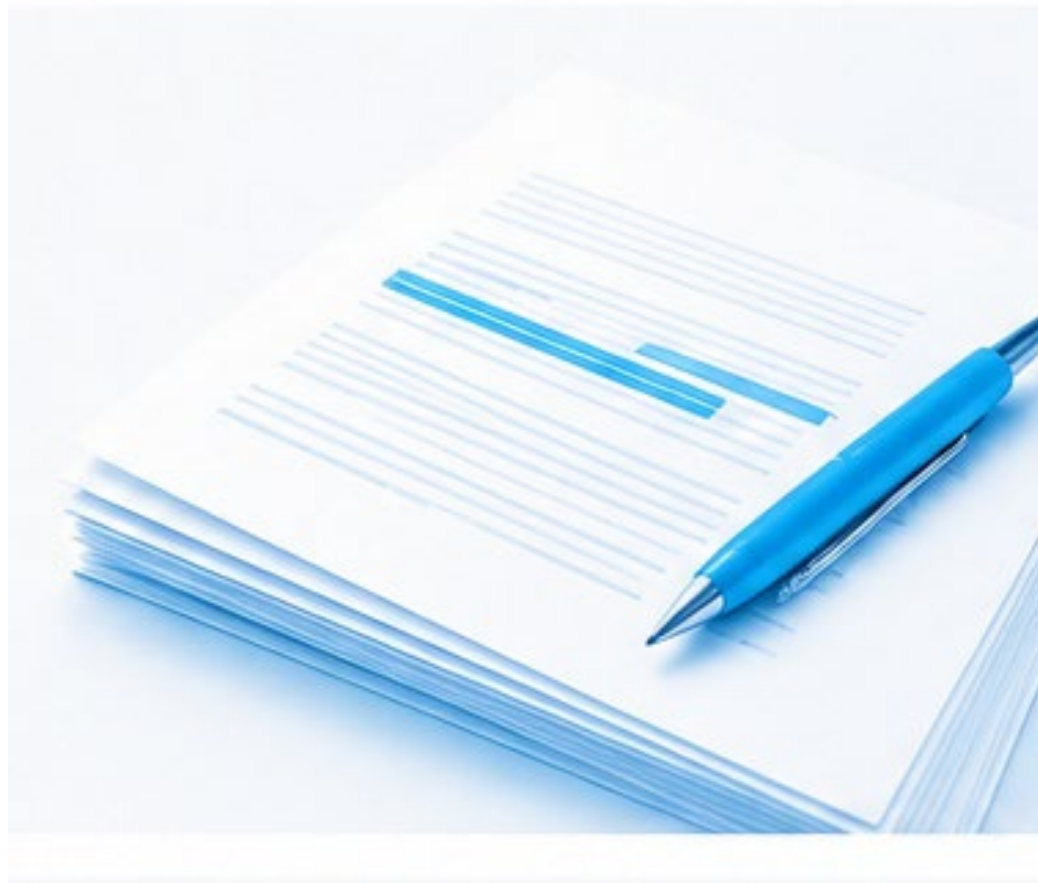
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# Three areas of safety

- Your work
- Your data
- Your clients



# Professional Work



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# Professional Work –Threats



- Inconsistent use
- Poor quality outputs
- Over reliance
- Loss of defensibility
- Reputational damage
- Unknown use

# Questions to ask yourself

- What am I comfortable using AI for?
- What am I not comfortable with?
- Could I explain and defend this use?
- What is the human oversight on this?



# Recommendations

- Decide your boundaries
- Stay up-to-date
- Maintain oversight
- Communicate clearly



# Data Safety



# Data Safety – Threats



- Confidentiality breaches
- GDPR risks
- Unclear storage
- Over sharing

# Questions to ask yourself

- What data is being entered?
- Where does it go?
- Who can access it?
- Would I defend this choice?

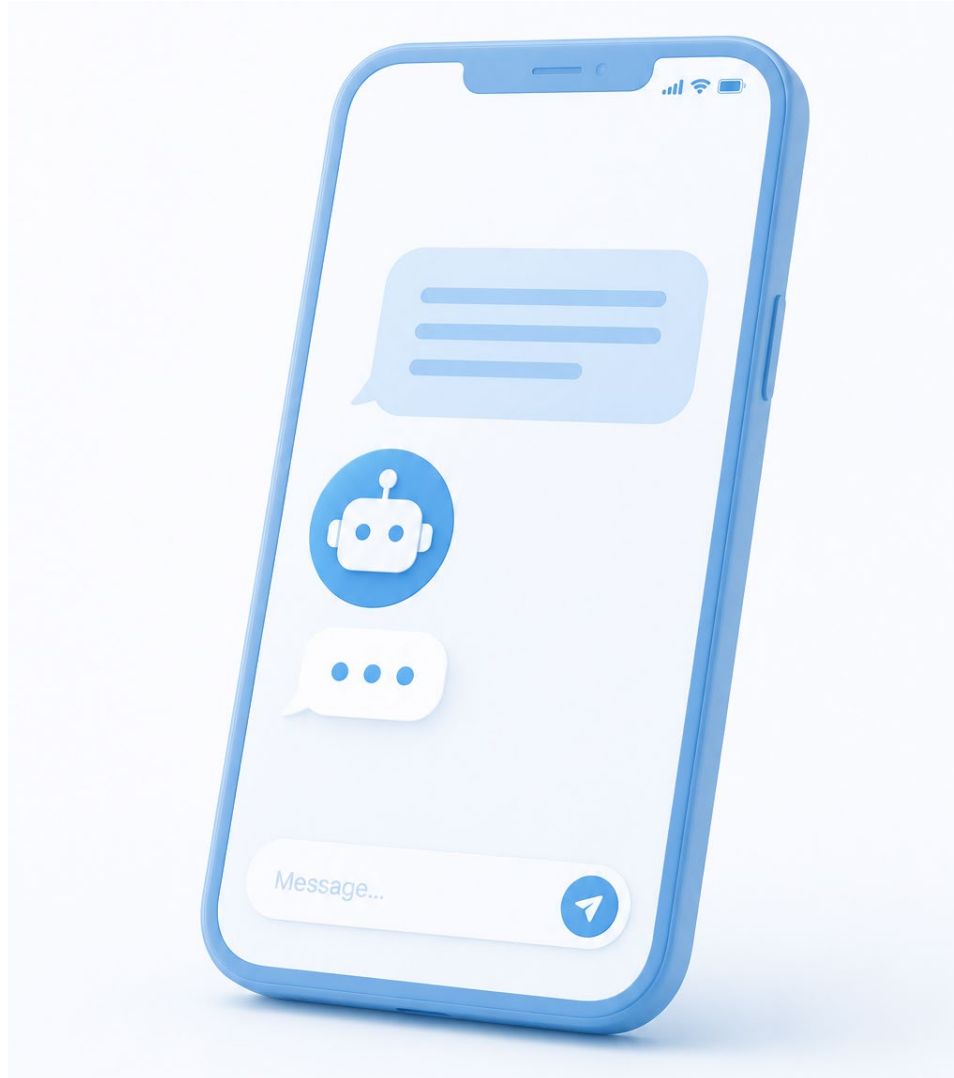


# Recommendations

- Know the policies
- Use secure systems
- Avoid identifiable data
- Clarify your red lines
- Ask, ask, ask



# Your Clients



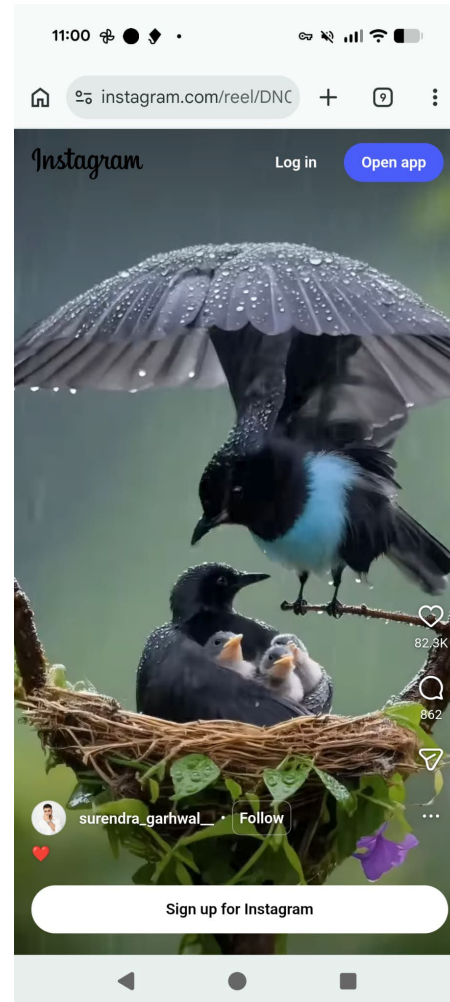
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# Your Clients – Threats



- Misinformation
- Vulnerability
- Loss of nuance
- Over trust in AI

# Your Clients



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# Your Clients



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# Your Clients



The "Great British People" page features themes of immigration and decline

# Your Clients




Source: X

BBC

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# Your Clients


(character.ai) Sign Up to Chat Login




**Get access to  
10M+ Characters**

Sign up in just ten seconds

 Continue with Google

 Continue with Apple

OR

 Continue with email

By continuing, you agree with the  
Terms and Privacy Policy

# Your Clients

**Romantic AI** Love Chat with Girlfriends AI Boyfriend Anime Gallery Generate photo FAQ [Download app](#) [Sign Up / Sign In](#)

- Explore
- Sexy AI Chat
- Chats
- AI Boyfriend
- AI Girlfriend
- Generate Photo
- Gallery
- Manage Account
- Support

## AI Girlfriend Chat

Romantic AI is the premium website to create an emotionally engaging ai gf/bf/anime avatar girlfriend or anime companion. Be it that you seek emotional support, some harmless flirtation, or a serious chat partner, a romantic interest AI is an alternative through which you can actually get yourself an avatar as a virtual partner with the preferred aspects of the virtual partner in mind.

With Romantic AI, you do not have to work using pre-prepared templates. Select either aesthetics, modern realism, or anime brightness, describe the personality as caring, playful, or empathic, and author a companion who feels closely united. Romantic AI allows a virtual companionship to be more realistic, interactive, and intimate.

[Start chatting](#) [Download app](#)

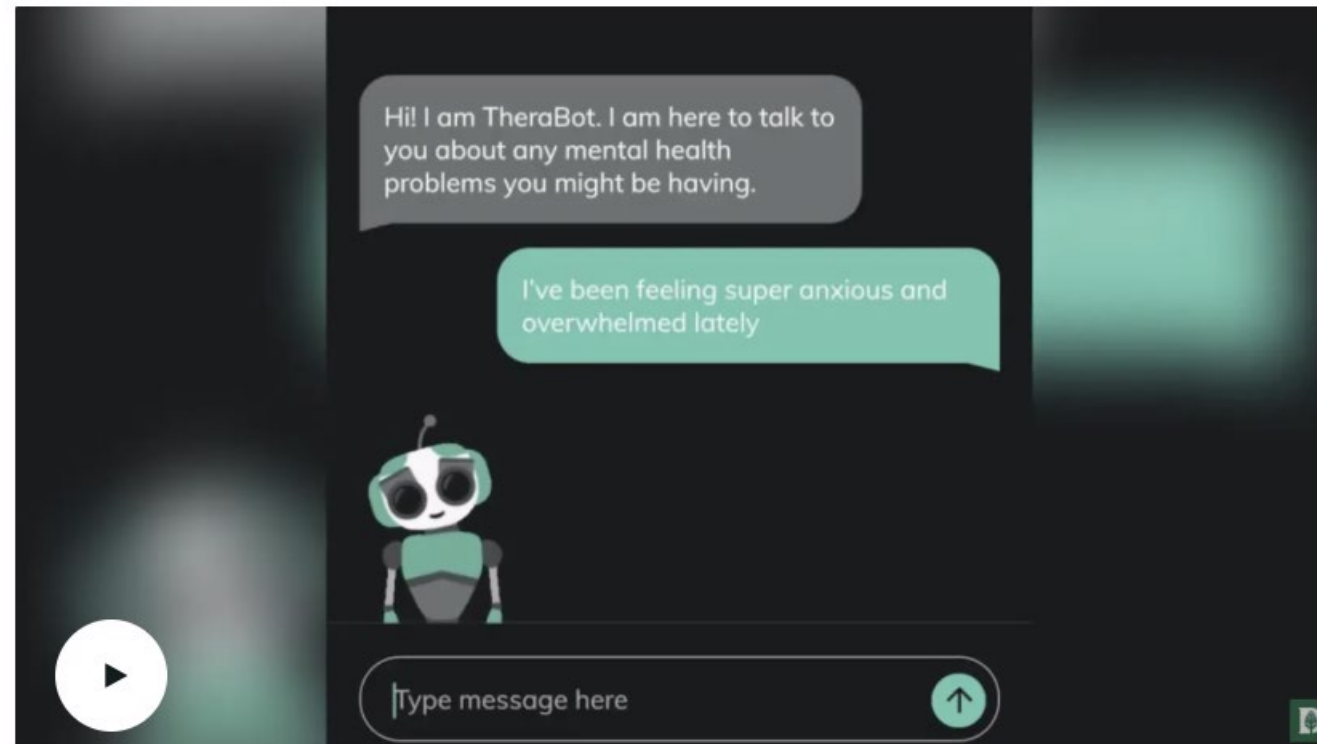
Matthew  
Ava  
Mona  
Sega  
Emily  
Lila

# Your Clients



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# Your Clients



# Questions to ask

- Are clients already using AI?
- Do they understand it and the risks?
- Could AI influence decisions?
- What capacity building support is needed?
- Am I including AI as part of my broader online safeguarding checks and monitoring?



# Recommendations

- Stay informed
- Have open conversations
- Support awareness
- Communicate boundaries clearly
- Seek advice and guidance
- Build capacity
- Future plan and future proof



# Safe AI use is about clarity

**Clear boundaries**

**Clear rationale**

**Clear communication**

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